

# Elementary Hot Lunch



Nutritional Development Services-Archdiocese of Philadelphia  
222 N 17th St. Philadelphia, PA 19103  
215-895-3470, option 1

NDSSchoolLunchProgram

SchoolMealsNDS

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## February 2024

**Slogan Winner- "Let's Eat Healthy together & get everyone's bones strong!"-  
By Kennedy A., grade 4, St. Peter the Apostle**



PA Harvest of the Month for February: Mushrooms!



February is American Heart Month- Take time this month to learn about the importance of a healthy heart and actions you can take to live a heart healthy life.

Menu is subject to change: A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
281 Popcorn Chicken with Roasted Potatoes 611 Bagged Baby Carrots 670 Fresh Fruit 929 Chocolate Dino Bites NEW	284 Chicken Alfredo with Penne Pasta & Broccoli & 909 Dinner Roll 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie	215 Taco Stick 632 Wango Mango Vegetable Juice 620 Salsa 658 Cherry Craisins 941 Tostitos Scoops	272 Buffalo Chicken Calzone 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit	208 Mini Corn Dog 603 Baked Beans 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 934 Cinnamon Dino Bites
12	13	14	15	16
209 Taco Meat 625 Corn 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	268 French Bread Pizza V & 909 Dinner Roll 630 Dragon Punch Vegetable Juice 690 Apple Crisps	288 Mac & Cheese with Broccoli V 632 Wango Mango Vegetable Juice 686 Sweet Heart Cherry Rosati Ice 993 Heart Cookie  Valentine's Day Ash Wednesday	205 Popcorn Chicken & 623 Tater Tots 708 Romaine Salad with Spinach & Chickpeas 647 Dole Mandarin Oranges	261 Soy Butter & Jelly Sandwich V 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 657 Strawberry Craisins
19	20	21	22	23
<b>Presidents' Day</b>	207 Cheese Ravioli V & 624 Green Beans 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 903 Maple Biscuit	257 Mozzarella Sticks NEW, V & 622 Marinara Sauce 632 Wango Mango Vegetable Juice 659 Watermelon Craisins 933 Cinnamon Tiger Bites	263 5" Round Cheese Pizza V 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	Special Order Day  Details to Come...
26	27	28	29	1
203 Mini Pepperoni Calzones & 623 Tater Tots 611 Bagged Baby Carrots 748 Grape Juice 929 Chocolate Tiger Bites NEW	281 Popcorn Chicken with Roasted Potatoes & 928 Goldfish Pretzels 603 Baked Beans 695 Strawberry & Mango Sidekick  National Strawberry Day	295 Meatloaf with Gravy & Mashed Potatoes 632 Wango Mango Vegetable Juice 749 Apple Cherry Juice 901 Honey Biscuit	215 Taco Stick 620 Salsa 630 Dragon Punch Vegetable Juice 682 Banana 941 Tostitos Scoops	264 4x6 Cheese Pizza V 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit

whole grain rich, all items are pork-free. V= Vegetarian

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.